

DIRECTORATE OF ESM AFFAIRS

e-NEWS LETTER – July, 2012



Year Of The Ex-Serviceman 2012



NAVY CARES FOR ITS VETERANS

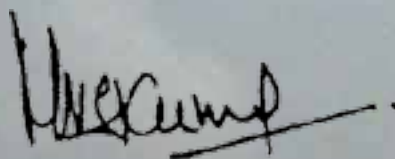
FROM DESA DESK

1. First time ever Indian Navy is commemorating 2012 as “The Year of the Ex-Serviceman” with the intent of focusing on and resolving issues pertaining to Ex-Servicemen (ESM) welfare, and to provide necessary impetus to improving the well being of naval widows. Activities such as conduct of Pension Adalats/ ESM Melas, Conduct of Naval Veterans’ Day and Seminars / Workshops for Naval Veterans are being organised throughout the country to reach out to our retired community and widows.

2. Within one and a half year of institutionalisation, Naval Regimental System has been able to provide proactive and protracted support to a substantial number of naval widows / NOKs by reaching out to them. Regimental State Units (RSUs) and their staff under the supervision of respective CRSOs are visiting each ZSWO / ZSB to interact with Widows and ESM. Details of these activities are placed inside the News Letter.

3. As we all know that our Veterans are busy pursuing their second innings and therefore with the help of the e-News Letter we aim to reach out and update them with the steps taken by Indian Navy/ Government for their welfare.

4. We are open for valuable suggestions of the Veterans to improve ourselves further.



(MVS Kumar)
Commodore
PDESA

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YEAR OF THE EX-SERVICEMAN

Conduct of ESM Mela and Pension Adalat

1. To address the problems of Veterans and widows ESM Melas and Pension Adalats are being conducted at suitable locations. Details of such events undertaken and scheduled for the residual 2012 are as follows:-

(a) Details of ESM Melas and Pension Adalats conducted till date

Sl.No	Date	Place
(i)	15 Apr 12	Porbandar
(ii)	29 Apr 12	Ahmedabad
(iii)	06 May12	Hyderabad
(iv)	16 May 12	Bangalore
(v)	27 May 12	Bhubaneswar
(vi)	24Jun 12	Dharwar
(vii)	01 Jul 12	Anantapur

(b) Details of ESM Melas and Pension Adalats to be conducted

Sl.No	Date	Place
(i)	22 Jul12	Delhi
(ii)	19 Aug 12	Vishakhapatnam
(iii)	30 Sep 12	Goa
(iv)	06 Oct 12	Ezhimala
(v)	11Oct 12	Pune
(vi)	28 Oct 12	Port Blair
(vii)	04 Nov 12	Mankhurd (CABS)
(viii)	10 Nov 12	Kochi
(ix)	11 Nov 12	Kolkata
(x)	18 Nov 12	Trivandrum

Reaching Out to Veterans and Widows

2. For reaching out to veterans and widows CRSOs / NRSOs are regularly visiting various RSBs and ZSBs that fall under their areas of responsibility. Places that have been visited till date and places that are scheduled for the visit are placed at **Appendix A**.

Toll Free Pension Helpline at CABS

3. A Toll Free Pension Help Line 1800 220 560 has been provisioned at CABS. Retired sailors and their widows can seek assistance through this Help Line during working hours.

Toll Free Pension Helpline at DESA

4. A Toll Free Help Line is being provisioned at DESA, New Delhi to address issues related to welfare and for redressal of grievances. Details of the helpline will be promulgated in the next issue.

NRS

5. In keeping with the traditional camaraderie and brotherhood that is prevalent in the Defence Services, Naval Regimental System (NRS) has been established in Jan 2011 to institutionalise a support system to provide proactive and protracted support by taking full responsibility of our Widows/ NoK. Under this system seven Command Regimental System Officers (CRSOs) and their teams are reaching out to every family post demise of a Naval colleague, immaterial of whether the individual was in harness or retired to ensure their welfare and accrual of all entitled dues.

6. Within one and a half year of institutionalisation, NRS has been able to provide proactive and protracted support to a substantial number of naval widows / NOKs by reaching out to them. The opportunities that are available due to the ongoing year long activities of “The Year of the Ex-Serviceman” is being utilised to provide further impetus to the NRS. This year the target is to visit 177 places across the country. More than 115 locations have already been covered. Regimental State Units (RSUs) and their staff under the supervision of respective CRSOs are visiting each ZSWO / ZSB to interact with Widows and ESM. During the interactions they are undertaking the following:-

- (a) Updation of data banks of ESM and widows.
- (b) Sensitisation of ESMs / widows regarding their legitimate privileges and dues.
- (c) Ensuring that every widow has a Canteen Card, ECHS Membership and is in receipt of correct family pension.

7. To fine tune the system and carry out course corrections three reviews under the Chairmanship of CPS has been undertaken. The first review meeting was held on 10 Mar 11, the meeting was instrumental in kick starting the NRS and its function towards achieving its goals.

During the 3rd NRS Progress Review Meeting at Mumbai on 17 May 12 the following emerged:-

(a) NRS was working as envisaged and widows were benefitting through initiatives undertaken by CRSOs. Wherein, numerous cases pertaining to pension discrepancies and welfare issues have been resolved.

(b) The System has received the requisite publicity and it was heartening to note that more widows and ESM were contacting CRSOs, many of them from remote areas.

(c) It was felt that as Naval Social Responsibility all establishments be brought under NRS which hitherto were left out.

8. The updated Directory of NRS is placed at **Appendix ‘B’**.

NAVY FOUNDATION

9. **Starting of New NF Charters :** Various activities for starting three new NF charter at Lucknow, Bhopal & Jabalpur are in full swing. It is expected that there three charters will start functioning by the year end. The updated directory of NF Charters is placed at Appendix ‘D’.

10. **AGM/GCM:** The AGM/GCM for 2012 is scheduled in Oct/Nov 12. The firm date will be intimated. Charters/members are requested to forward Agenda point to DESA by email or letter under following categories:-

- (a) General issues
- (b) Pension related issues
- (c) ECHS issues

11. **Quarterdeck:** The annual NF magazine will be published in Feb13. The magazine will features activities on the following subjects.

- (a) Life as a veteran-contribution to the society/nation building
- (b) Second innings
- (c) Those were the days
- (d) Goa Liberation-golden Jubilee
- (e) Humour in uniform
- (f) Travelogue
- (g) Book Review

12. **Issues related to NF:** The Navy Foundation is a regulated body under the society regulation Act 1860 (Punjab amendment Act 1957 on extended

to the union territory of Delhi). All other charters are functioning under the Navy Foundation. Members are advised to address issues to Secretary NF, IHQ MoD (N) / DESA.

13. **Widow’s Hostel:** Indian Navy has acquired half acre of land in Vasant Kunj area of New Delhi for construction of a hostel for widows of Naval personnel who have died in harness. The hostel will have around 40 dwelling units. The concept design of the widow’s hostel project has been finalized and has been submitted to MCD for approval and the work will commence thereafter.

VETERAN SAILORS’ FORUM

14. With a view to espouse the cause of retired sailors, widows & NOKs and also to promote awareness about Indian Navy in the country, Veteran Sailors’ Forum (VSF) was set up on 10 Apr 08 at Delhi. Veteran Sailors Forum presently has four Command Charters (Delhi, Mumbai, Vizag & Kochi), 09 Regional Charters (Dehradun, Jabalpur, Chilka, Kolkata, Chennai, Goa, Karwar, Porbandar, & Ezimala), five Associate Charters (Pune, Vijaywada, Hyderabad Quilon and Jaipur). It is proposed to open more Associate Charter during the current year. Opening of Regional Charters at Palakkad and Thiruvananthapuram are under active consideration.

15. With proactive approach by enrolling retiring sailors at CABS, membership of VSF has taken a major stride and it has increased to 6,600 members. 4th Governing Council Meeting (GCM)/Annual General Meeting (AGM) of VSF Delhi Charter was conducted at New Delhi on 22 Jul 12. The meeting was chaired by PDESA, President VSF and attended by approx 400 ESM.

16. Veteran Sailors’ Forum has its own dedicated website www.vsf-desa.com. The website is being regularly updated and suggestions regarding further improvement are welcome. The agenda points and minutes of the meeting of the GCM/GBM conducted at New Delhi on 22nd July 12 will be uploaded on the website shortly. The contact details of VSF organisation are placed at Appendix ‘C’

DESA BLOG (desanavy.wordpress.com)

17. With aim of reaching out and to establish a bond of linkage for better and meaningful communication and rendering all possible assistance to keep in touch with our esteemed veterans, DESA BLOG, has been set up. In order to

provide a single window interface for establishing a two way communication, sharing views, posting latest information on policy matters and welfare related issues between retired and serving community of Indian Navy. The blog is being regularly used by ESM and approx. 72,000 hits have been achieved. The Army and Air Force ESM are also utilising the portal for their queries/grievances.

INDIAN NAVAL PLACEMENT AGENCY

18. The Indian Naval Placement Agency (INPA) was officially set up on 28 Feb 06 under the aegis of Directorate of Ex- Indian Naval Placement Agency (INPA) is the nodal agency of Indian Navy that handles the second career options for the experienced retired/retiring naval personnel, their dependents and widows in the corporate world. The Placement Agency has its own website www.inpa.net.in and its own email id: inpacareers@yahoo.com.

PROCEDURE TO REGISTER ONLINE ON INPA WEBSITE www.inpa.net.in

- (a) Type URL www.inpa.net.in
- (b) Go to home page
- (c) Click Candidate to login
- (d) Candidate login page appears
- (e) Press New User to register on INPA
- (f) Fill up details to create login, User ID and Password
- (g) After submitting it generates Temporary ID and intimate on your email
- (h) Submit than Text page appears, click continue to INPA registration form
- (j) Wait for second registration form to appear
- (k) Fill up the registration form. For multiple selection, press “CTRL” button and select from list. Candidates are advised to choose maximum (five) option for Job Preference and Place of Preference.
- (l) Submit after filling up the form
- (m) Thank you page appears. Please upload your resume and photographs.

Registration Charges

Registration charges/Annual Subscriptions are as follows: -

Officers & their dependent	-	Rs. 150/-
PBORs & their dependent	-	Rs. 100/-
Widows of naval personnel	-	Nil

“Demand Draft” / “At Par Cheque” for the payment of registration charges is to be prepared in favour of – “INDIAN NAVAL PLACEMENT AGENCY” payable

at NEW DELHI.

19. Requisite Documents to be forwarded after temporary registration: -

- (a) One copy Resume (with colour photographs)
- (b) Copy of PPO (for retired personnel) / NOC (for retiring personnel)
- (c) Demand Draft / At Par Cheque / Cash (for local submission only).

20. In order to further the aim of providing suitable employment of retiring/retired naval personnel including widow/dependents, INPA has commenced the conduct of the job events, varying platform is being provided to all employers/candidates to suitably address their HR related issues. First job fair of 2012 was conducted during Jan 12 in Mumbai. The job fair at Visakhapatnam has been scheduled on 19 Aug 2012 (Sunday) as part of 'Year of the Ex-servicemen'. The job event at Kochi has been planned to be held in Nov 12. Guidelines for the job fairs will be hosted on www.inpa.net.in in July 12/Oct 12 respectively.

EX- SERVICEMEN CONTRIBUTORY HEALTH SCHEME (ECHS)

1. Membership & Budget

ECHS was started on 01 Apr 2003 based on felt need of a large population of ex-servicemen across the country. This scheme modeled on the lines of CGHS provided comprehensive medical cover to the members for all known diseases. The popularity of the scheme can be gauged from the fact that at present ECHS membership has now crossed 12 Lakh (approx 50 thousand from Navy) with a total of over 38 Lakh (approx 2 lakh from Navy) beneficiaries. Smart cards have been issued to the members to establish irrefutable proof of the identity through biometrics. ECHS budget in this financial year has almost crossed the Rs 1000 crores landmark showing the Government’s commitment towards our veterans.

2. Expansion of ECHS

ECHS is now nine years old. The experience of last nine years helped in taking several initiatives in polyclinics and review of procedures for smooth functioning of the entire system in an integrated seamless manner. Government has sanctioned additional 199 polyclinics, in addition to existing 227 polyclinics. With additional 199 polyclinics on the anvil, ECHS will take health care services nearer to the doorsteps of our veterans. Of these 199 polyclinics, Navy will manage ten polyclinics at East Delhi, Navi Mumbai (COD Kandivali), Vasco-da-Gama(Goa), Srikakulam (AP), Ramanathapuram (TN), Puri (Odisha), Angul (Odisha), Dhenkanal (Odisha), Thodapuzha / Painavu (Kerala) and Moovattupuzha (Kerala). Out of which Vasco Da Gama (Goa), Srikakulam (AP), Dhenkanal(Odisha), Puri (Odisha), Moovattupuzha (Kerala) has been operationalised and remaining will be operationalised in near future.

3. Clearance of Bills

Outsource bill processing by third party administration (TPA), viz., UTI TSL started on trial basis w.e.f. 01 Apr 12 as pilot project in five cities i.e. Delhi, Chandimandir, Pune, Trivandrum, Secunderabad. This will help in early processing of hospital / individual bills.

4. Additional Polyclinics in Delhi / NCR

Presently, there are six Polyclinics functioning in the NCR, viz. Delhi Cantt, Lodhi Road, Noida, Gurgaon, Faridabad and Ghaziabad(Hindon). In addition to these six polyclinics, Govt has accorded sanction for six more polyclinics in the NCR under the expansion of ECHS network. These new polyclinics will be functioning at Shakurbasti, Timarpur, Khanpur, East Delhi / Preet Vihar (Navy), Greater Noida, Gurgaon (Sohna Road).

5. Revised ECHS Subscription w.e.f. 01 Jun 2009.

Grade Pay at the Time of Retirement	New Rates
1800, 1900, 2000, 2400 & 2800	15,000
3400, 4200	27,000
4600, 4800, 5400, 6100 & 6600	39,000
7600 and above	60,000

6. Augmentation of Manpower in ECHS Polyclinics

The present manpower in ECHS polyclinics is pegged to GoI letter dated 30 Dec 2002. In the light of experience of nine yrs or so coupled with sick report of 95 lakhs per annum approximately, a case has been taken up to augment the ECHS manpower which will result in delivering of quality medical care to veterans at ECHS polyclinics. The proposed manpower will bring in additional Medical Officers, Specialists, Medical and Para-medical staff. The deficiency of categories like Pharmacists, Physiotherapists, X-Ray Technicians, Clerks etc would also be made up in this augmentation.

7. Pharmacy Operations

To overcome the problem of non availability of medicines at polyclinics, ECHS is pursuing the case for outsourcing of entire pharmacy operations wherein the availability of medicines would be ensured round the clock. The pharmacy operation in six cities i.e. Delhi, Chandimandir, Pune, Trivandrum, Secunderabad and Lucknow is likely to commence in end Jul / Aug.

8. Enhancement of Pay of ECHS Staff

Pay of ECHS contractual staff was raised in year 2009. Central org ECHS has now taken up a case with MoD to further revise the contractual pay for the

polyclinic staff in line with CGHS contractual staff. The proposed pay is as follows :-

(In Rs.)

Category	Staff	Existing	Proposed
Officers	OIC	25,000/-	34,500/-
	Med Offr	25,000/-	46,000/-
	Med Splst	35,000/-	55,000/-
	Gynecologist	35,000/-	55,000/-
	Dental Offr	25,000/-	34,500/-
Para Medical Staff	Nursing Asst (Gen)	9,500/-	15,000/-
	Nursing Asst (Spl)	10,000/-	15,000/-
	Lab Assistant	10,000/-	15,000/-
	Dental Hygienist	10,000/-	15,000/-
Non Medical Staff	Receptionist	8,000/-	11,040/-
	Driver	7,000/-	9,660/-
	Peon	6,500/-	8,970/-
	Safaiwala	6,500/-	8,970/-
	Female Attendant	6,500/-	8,970/-

9. 32 KB ECHS Smart Card

Old 16 KB smart card has been upgraded to 32 KB with good quality photographs and additional memory to meet the needs of the beneficiaries. Card is usable at all the polyclinics after its activation at parent polyclinic. This will provide flexibility and choice to each beneficiary to carry their ECHS membership card to different places separately. New card facilitates recording of complete medical history in the card. With introduction of ‘one-card-per-beneficiary’, the change of parent polyclinic can be done separately for each member.

10. White Card

To facilitate the disabled ECHS beneficiaries, a special 32 KB ECHS white card has been introduced. This card will allow disabled veterans to earn their due recognition in ECHS environment. ‘PRIORITY’ will be printed on reverse of the card for all polyclinics to ensure faster treatment and medicine issue to our disabled veterans. In addition this white card will also have all advantages of General ECHS beneficiary card.

11. Helpline

A 24X7 helpline to resolve entire gamut of issues which can concern an ECHS member on health care will be addressed through this helpline. Queries pertaining to membership, empanelled hospitals and facilities in empanelled hospitals can be made by dialing 080 – 4300 4300 and toll free 1800-103-8666 and SMS No. +919714794300.

12.ECHS Website.

	www.indianarmy.nic.in/arechs.htm .
E-mail ID (Ctl Org).	mdechs@yahoo.com contact@echs.gov.in
E-mail ID (Navy).	echs_navy@yahoo.co.in
Contact Tele Nos.	MDECHS : 011 – 2568 4846 Dir ECHS(N) : 011 – 24101319
Address.	ECHS Office, IHQ of MoD (Navy), 6th Floor, Chanakya Bhawan Chanakyapuri, New Delhi – 100 021

Action To Be Taken By Retired Personnel When Still In Good Health And Sound Mind

Let us at least try and make few changes so that our loved ones would not suffer after we go. We do not know what will happen in the future. But, as the Scout motto goes: “Be prepared.”

Endorsement of Family Pension and Age of Spouse in Pension Payment Order (PPO).

1. Please check if your PPO contains an endorsement giving the name and age of the spouse and details of ordinary family pension. If it does not, at the earliest make out an application in triplicate and send it to the agency that had issued the PPO - PCDA (Pensions) Allahabad/ PCDA (N) through PDPA/ CABS. Make sure to attach all supporting documents and duly attested joint photograph as indicated in the specimen. Keep a copy the application in the master folder that you will be making for the spouse for follow up action if necessary in case the endorsement is not received during your life time.
2. The PPO may contain endorsement of the name of the spouse as family pensioner but the age of spouse may not be recorded either in the PPO or in any other document in your pension folder maintained by your Pension Disbursing Agency (PDA) (your bank or the agency from whom you receive your pension). In such a case, you may apply for necessary action to the DESA with copies of proof of age of your spouse. Furnish any supporting document such as a copy of the statement of family particulars submitted by you at the time of your retirement or certified and notarized copy of your spouse’s birth Certificate, driving license, SSLC/Matriculation certificate, passport, voter identity card or any other normally accepted proof.
3. When the endorsement and the acceptance of age of spouse are received, attach them to the original PPO and also make a few copies for safe custody. If the endorsement and the record of age of spouse do not exist and if you do not take action as indicated above, after your time your spouse has to go through a cumbersome and time consuming procedure to get the family pension properly authorized along with record of age- so do not delay.

NOTE: The original PPO should contain an endorsement about the family pension indicating an enhanced rate of family pension and an ordinary rate. If there is no such endorsement, please take it up with the authorities concerned as indicated in paras 1 and 2 above. In the event of the pensioner’s demise before the age of 67, the spouse/family pensioner is entitled to the

enhanced rate for seven years or till the date on which the pensioner would have attained the age of 67 whichever is earlier. Thereafter the ordinary rate would apply. In both cases, the rates as periodically revised, along with the revision in pensions by successive Pay Commissions, would apply.

Bank Account for Pension

4. If you are drawing your pension through a single bank account in your name and if, at the time of your retirement or within one year thereafter, you have not made a nomination in favour of your spouse, please do so immediately. This will enable your spouse to receive, after your time, any balance left in that account as well as any arrears of pension due to you during your life time. Consult your bank on the procedure for nomination.

5.

(a) It is now permissible to convert your single bank account for pension into a joint account with your spouse/person mentioned in your PPO as the one entitled to receive family pension. If you have not already done so, please submit an application to your bank to this effect..

(b) After your time the joint account will become a single account in your spouse's name into which the family pension and any life time arrears (LTA) can be credited.

(c) It is desirable to make a nomination as indicated in Para 4 above even if the pension account has been converted into a joint account so as to ensure trouble-free payment of your (LTA) to the spouse/nominee after your time.

6. If you do not wish to take action as per 4 above, open a joint account in the name of yourself and your spouse, preferably in the same bank, if you have not already done so. This will automatically become a single account after your life time and the family pension can be credited to this account. Alternatively, open a single account in the same bank in the name of your spouse so that, when the time comes, on advice to the bank, the family pension can be credited to this account. Also ensure that your spouse makes a nomination in favour of a child/ family member or any other person of her/ his choice for this single account so that when the need arises, the nominee can get the amount left in that account without any further formality.

7. Make sure that the nominations/ conversions into joint account as applicable as per paras 3, 4 and/or 5 above are duly reflected in the bank records and also keep the relevant copies of such endorsements in the master folder for your spouse.

ECHS Membership

8. Ex-Servicemen Contributory Health Scheme (ECHS) came into effect on 01 Apr 03 as a public funded Government Health Scheme for provision of medical care to Ex-Servicemen (ESM) in receipt of pension or disability pension and their dependants including spouses (wife/ husband), legitimate children and wholly dependant parents. If you have not already done so, you may consider enrolling yourself as a member. Please contact the nearest ECHS Polyclinic/Naval Station for detailed information and assistance in enrolling.

Check all your nominations

9. It's a usual practice to put a name (i.e., in the first place if you have mentioned it) and royally forget about it. Most of us have named one of our parents as a nominee for investments, bank accounts opened before marriage. We have not changed the same even years after they are no longer there with us. Even your salary account usually has no nomination. Therefore, kindly check your Nominations for :-

- Bank Accounts
- Fixed Deposits, NSC
- Bank Lockers
- Demat Accounts
- Insurance (Life, Bike or Car or Property)
- Investments
- PF & Pension Forms

Passwords

10. We have passwords for practically everything. Email accounts, Bank accounts; even for the laptop you use. What happens when your next of kin cannot access any of these simply because they do not know your password? Put it down on a paper.

Investments

11. Every year, for tax purposes, we do investments. Do we maintain a excel sheet about it. If so, is it on the same laptop of which the password is not shared? Where are those physical investments hard copies? Put all documents in a file systematically.

Liabilities

12. When you take a loan say for your house or car, check out on all the what ifs.... .what if I am not there tomorrow? what if I lose my job? Will the EMI still be within my range? If not, get an insurance on the loan. The people left behind will not have to worry on something as basic as their own house.

MASTER FOLDER FOR SPOUSE/ FAMILY MEMBERS

13. Open a sufficiently big and thick folder and title it as ‘ACTION TO BE TAKEN IMMEDIATELY ON THE DEATH OF (YOUR NAME)’. This folder will contain all relevant documents, letters and instructions to facilitate appropriate and timely action by the spouse/family members when the time comes.

Will

14.

(a) It is always advisable to execute a will. No particular form is prescribed by law. It can be handwritten or typed on thick paper with each page signed by the testator and the attesting witnesses. Registration of the will is optional. The only legal requirements are: - the testator should be of sound and disposing mind at the time of executing the will, the testator has signed in the presence of two attesting witnesses each of whom will also sign in the presence of the testator and an endorsement to this effect is necessarily made before the signature of the testator after which the attesting witnesses should affix their signatures along with their addresses. However legal advice may be taken to prepare the will to suit individual circumstances. It is also necessary to ensure that the nomination as mentioned in Para 4 and 5 above and the provisions of the will are consistent with each other.

(b) You and your spouse may also consider her/his executing a separate will to cover all contingencies such as her/his predeceasing you.

15. Place the following in separate envelopes with the details of the contents written on the envelopes and place the envelopes in the master folder.

(a) Original and one copy of the Pension Pay Order (PPO) (the latest) issued by PCDA (Pensions) Allahabad / PCDA (N) as applicable to you.

(b) Original and one copy of the bank nomination Performa (refer para 3) received from the bank/Pension Disbursing Office if applicable.

(c) Original and a few signed copies of the will (refer para 11)

16. Make out the letter of intimation in required number of copies, including some spare copies, to be completed by filling in the blanks, signed and sent by the spouse when the time comes. Also prepare an envelope of appropriate size for each of these letters and type out or write the corresponding address on the envelope. Serially number the envelopes in the same order as in the distribution list of the letter. Place all these envelopes in the master folder.

17. The letter of intimation mentioned in para 13 above mainly relates to service requirements, formalities, pension and benefits. Several other agencies, (eg associations, clubs, time share companies, credit card agencies etc), besides service ones, with whom you have dealings, will have to be informed and have to take appropriate action when the time comes. You may prepare letters and addressed envelopes as suggested in para 13 above to cover such cases also.

INSTRUCTIONS TO (SPOUSE/ RELATIVES) ON ACTION TO BE TAKEN IMMEDIATELY ON THE DEATH

On the occurrence of Death

18. A doctor has to confirm and certify the death. If it takes place or is confirmed in a hospital, clinic or nursing home, get the certificate from the doctor attending or in charge. If at home, get a doctor to visit, confirm death and certify. The certificate is required to be taken and presented at the funeral place as without it the body will not be allowed to be cremated/ buried. If possible, get this certificate in duplicate so that one copy is available for reference if required later.

19. Inform close relatives and friends on telephone.

20. Decide on the timing and venue of funeral.

Funeral

21. Present the original of the certificate mentioned in para 1 above at the funeral place. After cremation/burial has been performed, obtain a receipt to that effect from the person in charge at the funeral place. This is required to be produced when applying for the death certificate from the municipal authorities.

22. Make a few (3 or 4) copies of the receipt mentioned in para 4 above for reference if required later.

Death Certificate

23. As soon as possible after the initial formalities are over make out an application in the prescribed form if any (to be obtained from the concerned office). Enclose the application, along with the original of the receipt from the funeral place, in an envelope addressed to the Registrar of Births and Deaths, hand it over to the concerned office and obtain a receipt. In case it is not possible to hand over the envelope to the office, send it by registered post, acknowledgement due. Ask for at least ten original signed copies of the death certificate. Please note that some recognized hospitals certifying the death as per para 1 above are also authorized to receive the application and issue the death certificate.

24. Normally death certificate is issued in 3 to 4 days. As soon as you get it make several copies of the death certificate, about a dozen or so, as they will be required to be submitted for several purposes.

Action Relating to Service - for Record, Family Pension and other Benefits

25. As soon as possible after collecting the necessary documents such as the death certificate, take out the master folder marked 'Action to be Taken Immediately on the Death of ____'. Take out from the folder the envelopes serially numbered 1 to--- with addresses already typed / written on them. Date the letter of intimation in each envelope, fill in the blanks as indicated below and sign the letter.

(a) Date and cause of death in para 1.

(b) Death certificate number, date and issuing authority in para2.

(c) Para 4. Retiring pension- at the time of making these instructions, the retiring pension is Rs (basic) pm. If there is no further change till date, enter this amount; if there has been a subsequent revision, enter the latest figure. The PPO Corr mentioned is the latest available. If a Corr has been subsequently issued, add the reference No of the same at the end of this para and also enclose a copy of this Corr in the envelope for Dept of Sainik Welfare.

26. Prepare each envelope for dispatch by enclosing the documents as mentioned against the addressee in the distribution list of the letter. If feasible, hand over the envelopes to the bank and the Dept of Sainik Welfare and obtain an endorsement of receipt in the master copy. Alternatively send them

as well as the letters to AFGIS and CDA by registered post acknowledgement due. The rest of the letters may be sent by ordinary post under certificate of posting.

27. It may take about 30 to 45 days for the addressees to take necessary action. If after 45 days the required action is not taken by any of the addressees, you may send a reminder with a copy to the Air Force Association Branch with a request for assistance to expedite action.

28. Keep a copy of any letter sent to these or any other addressees for future reference.

28. The action indicated in the specimen mainly relates to service related requirements. You may like to make the instruction sheet more comprehensive by adding details of your investments and their disposal, your specific wishes on religious rites, disposal/donation of eyes etc, changes in the action list in the event of the spouse predeceasing you and any other instruction that you consider appropriate. Place this instruction sheet on top of all other contents of the master folder and keep the folder, suitably covered, in a safe place. In case you wish to donate your eyes or other body parts, this should be mentioned in bold letters right on top in the instruction sheet.

29. Explain to your spouse and other family members the purpose of the whole exercise, the details contained in the instruction sheet and the place where the master folder is kept. Make sure that they understand all the requirements and will be able to take action as necessary when the time comes. They should also know whom to approach if they are in trouble and need assistance.

LATEST DEVELOPMENTS

Non Acceptance of Canteen Smart Cards

(a) A number of URCs are not accepting Canteen Smart Cards issued by CABS to retired sailors and dependents. Due to observation from CAG and the matter discussed by PAC, there is a likelihood of Govt restrictions in budgetary allocation, liquor quota and availability of goods through CSD.

(b) The URCs due to the reduction in Budget allocation are giving priority to all the Smart Cards issued by them and restricting users from other canteens.

(c) Case has been referred by Navy to IHQ MoD(Army) QMG Branch/DDGCS and is under consideration.

Pension and ECHS for ESM retired with 10 yrs service.

(a) This issue has been examined and clarified by MoD. The minimum qualifying service as laid down in the Pension Regulation (15 years for JCOs/ORs and 20 years for Commissioned Officers) is an essential criterion for pension in the Government and no change in the existing policy is contemplated. As per current orders non-pensioners are not eligible for medical facilities from ECHS.

(b) As per the order from MoD Dept of Ex-Servicemen Welfare “a conscious decision was taken to provide ECHS facility only to ex-servicemen drawing any type of pension”.

One Rank One Pension.

(a) According news sources the government on 13 Jul 12 has decided to constitute a committee to look into pay and pension related issues of defence services personnel and ex-servicemen. The committee will be headed by a Cabinet Secretary. The other members of the Committee will be Principal Secretary to the Prime Minister, Defence Secretary, Secretary, Department of Expenditure, Secretary, Department of Ex-Servicemen’s Welfare and Secretary, Department of Personnel and Training.

(b) The Committee’s ‘terms of reference’ will be to look into issues relating to Defence services personnel, common pay scale for in-service JCOs/Ors, Initial pay-fixation of Lt. Col/Colonel and Brigadier/equivalent , review and enhancement of grade pay, placing of all Lt. Generals in HAG+ scale and grant of non-functional upgradation (NFU) to armed forces personnel. The committee will also look into issues relating to ex-servicemen, particularly one- rank: one-pension, enhancement of family pension, dual family pension, family pension to mentally/physically challenged children of armed forces personnel on marriage. The committee will finalise its recommendations and submit its report to the Prime Minister by 08 Aug 12.

CRSO Interactions-Places Visited

Appendix A

State	Date	Place
Andaman& Nicobar	Feb 12	Campbell Bay
	24 Apr 12	Car Nicobar
	Apr 12	Little Andaman
Bihar	07 May 12	Patna
Chhattisgarh	Mar 12	Rajnandgaon
	Apr 12	Jashpur
	May 12	Baikunthpur
	Jun 12	Durg
Goa	30 Mar 12	North & South Goa
	04 May 12	Panjim
Gujarat	25 Mar 12	Ahmedabad
	21 May 12	Vadodra
	20 May 12	Rajkot
Haryana	16 Jan 12	Sonepat
	08 Jun12	Ambala
	13 Jun 12	Hissar
	06 Jun 12	Panchkula
	11 Jun 12	Kaithal
Himachal Pradesh	28 May 12	Hamirpur
	28 May 12	Una
	25 Jul 12	Dharmshala
J&K	20 Jan 12	Samba (J&K)
	16 Jun 12	Jammu
Jharkhand	17 Apr 12	Ranchi
	14 May 12	Palamau
	16 May 12	Gumla
	18 May 12	Hazaribagh
	24 Jun 12	Dhanbad
	26 Jun 12	Dumka
Karnataka	16 May 12	Bengaluru (Rural)
	24 Jun 12	Dharwar
	May 12	Gulbarga
	Jun 12	Kodagu (Madikeri)

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State	Date	Place
Kerala	11 Feb 12	Alappuzha
	03 Mar 12	Ernakulam
	16 Jan 12	Thrissur
	21 Apr 12	Thiruvana-thapuram
	19 May 12	Pallakad
	19 May 12	Calicut
	09 Jun 12	Kottayam
MP	27 Feb 12	Bhopal
	24 Apr 12	Indore
Maharashtra	11 Mar 12	Sangli
	12 Mar 12	Jalgaon
	29 Mar 12	Bhandara
	20 Mar 12	Pune
	13 Apr 12	Satara
	25 Apr 12	Margao
	19 Apr 12	Ratnagiri
	16 May 12	Sindhudurg
	May 12	Ahmednagar
	03 May 12	Amravati
	08 May 12	Nagpur
	28 Jun 12	Nasik
	Jun 12	Aurangabad
	12 Jun 12	Latur
	25 Jun 12	Akola
Odisha	Feb 12	Ganjam
	Feb 12	Visakhapatnam
	Feb 12	Srikakulam
	Mar 12	Cuttack
	Apr 12	Denkanai
	Apr12	Kakinada
	26 Apr 12	Bhubaneshwar
Punjab	12 Jun 12	Chandigarh/Mohali Ropar
	14 Jun 12	Amritsar
	26Jun 12	Gurdaspur

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State	Date	Place
Rajasthan	Mar 12	Jaipur
	Mar 12	Udaipur
UP	Jun 12	Muzaffar Nagar
Uttara Khand	15 Mar 12	Dehradun / US
		22.Nagar
	27 Mar 12	Lansdowne
	Jun 12	Nainital
	25 Jun 12	Dehradun

CRSO Interactions-Visits Planned

Date	Place
06 Aug 12	Darbhanga
08 Aug 12	Gaya
10 Aug 12	Motihari
11 Aug 12	Kannur
11 Aug 12	Malapuram
Aug12	East Godavari
Aug 12	Bilaspur
Aug 12	Ambikapur
Aug 12	Ponda
Aug 12	Bagalkot
23 Aug 12	Rewari
Aug 12	Surat
Aug 12	Beed
01 Sep 12	Kollam
02 Sep 12	Gangtok
04 Sep 12	Gawahati
06 Sep 12	Itanagar
08 Sep 12	Kohima
10 Sep 12	Lamphel
12 Sep 12	Aizawal
14 Sep 12	Agartala
16 Sep 12	Shillong
08 Sep 12	Kasargod
12 Sep 12	Delhi
26 Sep 12	Bareilly
Sep 12	Mapusa
Sep 12	Mysore
Sep 12	Hassan
Sep 12	Kutch-Bhuj
Sep 12	Yavatmal
09 Oct 12	Jhunjhunu
18 Oct 12	Jabalpur
Oct 12	Rangat/Betapur

Date	Place
Oct 12	Shivamoga
27 Oct 12	Trichur
Oct 12	Parbhani
05 Nov 12	Jalandhar
08 Oct 12	Munger
10 Oct 12	Muzaffarpur
Nov 12	Diglipur
Nov 12	Belgaum
Nov 12	Mangalore
Nov 12	Washim

NRS DIRECTORY

Appendix B

The updated Directory of Naval Regimental System is placed below:-

SL No	GEOGRAPHICAL AREA	CRSO	NAME & ADDRESS	CONTACT Nos	E-MAIL ID
1.	DELHI, NCR, HARYANA, HP, J&K & PUNJAB	CRSO (NORTH I)	Capt JK Chaudhary	011-24121429 / 24121430 8130558888 / 9868174466(M)	crsonorth.navy@gmail.com
2.	MP, RAJASTHAN, UP & UK	CRSO (NORTH II)	Cdr B S Jakhar	011-24121429/ 24121430 9650693980(M)	crsonorth.navy@gmail.com
3.	AP,CHHATTISGARH, ODISHA, TAMIL NADU & PUDUCHERRY	CRSO (EAST)	Cdr CS Panda	0891-2812314 0891-2515834(FAX) 9493799765(M)	crsoeast.navy@gmail.com
4.	BIHAR, JHARKHAND, WB & NE STATES	CRSO (NER)	Cdr Naveen Razdan	033-22314964/ 22420430 033-22420205 (FAX) 9051208008 (M)	crsonortheast.navy@gmail.com
5.	DADAR & NAGAR HAVELI & DIU, GOA, GUJARAT, KARNATAKA & MAHARASHTRA	CRSO (WEST)	Capt S Ruperee	022-22665239 9969607296 (M) 022-22698393(FAX)	crsowest.navy@gmail.com
6.	KERALA & LAKSHADWEEP	CRSO (SOUTH)	Cdr HS Girn	0484-2667398 / 2667398 9446062574(M)	crsosouth.navy@gmail.com
7.	A&N ISLAND & KARDIP	CRSO (A&N)	Cdr LS Negi	03192-232829 (FAX) 03192-248294/ 248333, 9531856044(M)	Crso.annavy@gmail.com

VETERAN SAILORS’ FORUM-COMMAND CHARTERS

Appendix C

DELHI CHARTER

Veteran Sailors’ Forum, Room No. 401, Chanakya Bhawan, Chanakyapuri,
New Delhi – 110 021

E-mail id : vsfdelhi@yahoo.com
Tele No : 011-24102305
Fax No : 011-26880943

KOCHI CHARTER

The Flag Officer Commanding-in-Chief (for SSO (Welfare))/ Secretary, VSF Kochi
Charter, HQ, Southern Naval Command, Kochi 682 004

E-mail id : vsfkerala@gmail.com
Tele No : 0484-2872151
Fax No : 0484-2872148

MUMBAI CHARTER

Secretary, VSF Mumbai Charter, The CRSO (West)
HQWNC, Shahid Bhagat Singh Road, Mumbai - 400 023

Tele No : 022- 22751998, 22025629
Fax No : 022-22698393, 22024791
E-mail id : vsf.mumbai@ymail.com

VIZAG CHARTER

The Flag Officer Commanding-in-chief, (SSO Welfare/VSF Secy Vizag Charter),
Eastern Naval Command, Visakhapatnam – 530 014

E-mail id : vsfvisakhapatnam@yahoo.in
Tele No : 0891-2812284, 2515834
Fax No : 0891-2515834

REGIONAL CHARTERS UNDER DELHI CHARTER

Dehradun Charter

Veteran Sailors’ Forum, Dehradun Charter, National Hydrographic Office, 107-A,
Rajpur Road, PO Box No 75, Dehradun- 248001

Email id : vsfdehradun@yahoo.com
Tele : 0135-2747365 ext 160
Fax : 0135- 2748373

Jabalpur Charter

Veteran Sailors’ Forum, Jabalpur Charter, The Principal Inspector of Naval
Armament, Naval Armament Inspectorate, Ordinance Factory, Khamaria,
Jabalpur- 482 005

Email id : vsfjabalpur@yahoo.com
Tele : 0761-2430186, 2742752
Fax : 0761- 2337381

NF Charters

Appendix D

The updated Directory of NF Charters is placed below:-

Charter	President	Vice-President	Secretary	TREASURER
Mumbai (483)	RAdm Arun Auditto AVSM, NM (Retd) “WHITE HOUSE”, 91, Walkeshwar Road, Gold Craft Mumbai – 400006 Tele (R) 022- 23691158 Mob : 9821095923 E-mail ID: ranjanarunauditto@gmail.com	RAdm R. Bhatia (Retd) Executive Director PIPAVAV SHIPYARD Ltd 103, Mehar-Dad, Cuff Parade, Mumbai – 400005 E-mail ID: rmbhatial@gmail.com	Cdr V Vadhera, NM (retd) 12A, Modern Flats Near Colaba Post Office , Colaba, Mumbai – 400005 Tele: 022-22183990 Mob : 9820535997 E-mail : vvadhera@gmail.com	LCdr Farokh Tarapore
Pune (275)	Cmde PK Malhotra (retd) G-28 AWCHS, Salunke Vihar Pune – 411022 Tele: 020-26852841 Mob: 09820142737 E-mail : navyfoundationpune@ymail.com	Cdr Pranay Rawat (retd) Vice President E-Mail ID: pranaya_rawat@yahoo.com Mob : 9225515189	Cdr P Rawat (Retd)	
Delhi (857)	RAdm (Retd) SK Das, AVSM 506, Block-3, Kailash Dham Sector-50, NOIDA-201301 E-mail ID: admiraldas@hotmail.com Mob:	Cdr (Retd) N Mahajan M-305, Sector-25 Jalvayu Vihar Noida- 201301 Tele: 0120-2530202 Mob: 09818315422 E-mail ID: vpnavalfoundationnm@ hotmail.com	Cdr (Retd) Subodh K Sud L-53, Jalvayu Vihar Sector-25, Noida – 201301 E-mail: sudsai184@gmail.com Tele: 0120-2537235 0120-4232808 Mob: 9910332242	Cdr (Retd) NK Singla E-B-108, Maya Enclave New Delhi -110064 Tele: 011-25499506(R) Tele: 011-32561606(O) Mob: 09818022627 E-mail ID: nsingla@hotmail.com
Odisha (40+5 associate members)	Cmde(Retd) KK Panda A 5/5, Chandrma Housing Complex, Unit-III Bhubaneshwar – 753001 Mob:	Cdr (Retd) JK Joshi	Capt (Retd) NP Patnaik Neelakanth Nagar Bijipur, Berhampur Odisha – 760003 Tele: 0680-2216352 Mob: 09313347151 E-Mail ID: captainpatnaik@ yahoo.com	Cdr (Retd) Sujoy Mukerji 3/3A, Block-3 Kanchununga VIP Colony Chandrasekharpur Bhubaneswar – 751016 Tele: 0674-6645507 Mob: 09238302797
Chennai (150)	Cmde R S Vasan (retd) President, Navy Foundation and Head Strategy and security Studies Center for Asia studies Mena Kampala Arcade Sir Thegararaya Road Chennai - 600017 E-mail ID: nfcchennai@yahoo.co.in Mob: 9962482815 Tele : 044-42327112, 044-65198828 E-mail ID : rsvasan2010@gmail.com	Surg Capt Natarajan IN (Retd) 'Aswini' 10 (Old 17) Ambadi Road, Kotturpuram Chennai, Tamil Nadu-600085 Mobile: 09841703950 Phone: 044-24470551 E-mail ID: sushnats@hotmail.com	Cdr BK Baruah (retd) A6 Port Trust Quarters Near Napier Bridge Chennai – 600009 Tele; 044-25360420 Mob: 09677231217 E-mail : baruah@yahoo.co.in	Cdr R Venkatesan E-mail: rvenkatesan23@gmail.com

“YEAR OF THE EX-SERVICEMAN-2012”

Charter	President	Vice-President	Secretary	TREASURER
Coimbatore (25)	Cdr KV Kamath (retd) 34, Bafana Maner 99, Ponnurangan Road-West RS Puram, Coimbatore – 641002 Tele: 0422 -2542292 Mob: 9894042292 E-mail: kv_kamath@rediffmail.com		Lt S Mani (retd)	
Kerala (Kochi) (492)	VAdm R Prem Suthan, PVSM,AVSM,VSM (Retd) 32/3204 Ponnurni – Vythila Road Vytila, Kochi – 682019 E-mail ID: beenasuthan@hotmail.com rpsuthan@gmail.com Tele: 0484-2341634 Mob: 9895760788	Cdr Jose Manjooran 8-B Kanarkat Condominium Toc-H Road, Vytila Kochi – 682019 Tele: 0484-3242686 Mob: 09539406508 E-mail ID: commandermanjooran@ yahoo.com	Capt Rajan George (Retd) Panickeru Veedu Toc – H Nagar Vytila, Kochi – 682019 E-mail ID: mailrg2006@yahoo.co.in Tele: 0484-2305774 Mob: 9495736656	Cdr M Ravindran (Retd) 38/ 2813,Thiruvonam Pandarachira Road Kadavanthara Kochi – 682020 E-mail ID: cdrravim@gmail.com Mob: 9447414199
Kolkata (130)	Cmde (Retd) BR Sen, VSM E-3/401,Sugam Park, 195, NS Bose Road, Nandndrapur Kolkata – 700103 Tele: 033-24272270 Mob: 09007681409 E-m ail ID: bhaskarranjansen@yahoo.co.in	Cdr (Retd) ND Rao Flar No. 3/644B, Block ‘O’, New Alipore, Kolkata – 700 053 Tele: 033-24002963 Mob: 09831446662 E-mail ID: cdr.ndr@gmail.com	Cdr (Retd) G Pradeep Flat No. 212 Jalvayu Residency 337, Motilal Gupta Road Kolkata – 700078 Tele: 033-24698372 E-mail ID: gantipradeep@yahoo.com	Cdr (Retd) Bhaskar Sengupta Flat No.3, 261/11, Prince Anwar Shah Road, Kolkata – 700033 Tele: 033-24174313 Mob: 09831061577 E-mail ID: bhaskarseng@rediffmail.com
Chandigarh (69)	Cdr ML Mehandroo (retd) Kothi No.32, Sector 11 Chandigarh-160002 Tele: 0172-2747049 Mob: 09417379034 E-mail:radhaswamy10@yahoo.in.com		Lt Cdr Davinder Singh (retd) Flat No 2204, Sector 67 Jal Vayu Vihar, Mohali (Punjab)-160062 Tele: 0172-2240204 Mob: 09779165149 E-mail: h_cdroberoi@yahoo.com	Lt Kartar Singh (REtd) H No. 3089 Sector 35D Chandigarh-160022 Tele: 0172-2621663 Mob: 09888851942
Visakha- patnam (82)	VAdm AV Narayana Rao, PVSM, AVSM, VSM (retd) 50-1-45, Asr Ngr, Seethamadhara Visakhapatnam – 530013 Tele: 0891-2587181 (o) 0891-2549658 (R) E-mail: navy.foundation.vizag@gmail.com		Cdr RB Rao (retd) Executive Director Hindustan Shipyards Ltd Gandhigram Visakhapatnam – 530005 Tele: 0891-2526805 (R) Mob : 09951542610 09951542032 E-mail: rbrao3@hotmail.com	Capt S Dasika IN (Retd) Flat No.1, 4th Floor, Kalyan Garden Apartment, Opp to NCB, Maharani pet Visakhapatnam-530002 Mobile : 9908743525 E-mail ID: captstdasika@gmail.com
Goa (30+5 associate Members)	VAdm John C De Silva, PVSM, AVSM (retd) 210, Defence Colony Alto Porvorem Bardez, Goa – 403521 Tele: 0832-2901296 Mob: 9822165370 E-mail: trakshak@yahoo.com	Cmde GC Menezes (retd) Anchorage, 43-A Per Seraulim, Colva Post Office Salcette – 403708 Tele: 0832-2788976 Mob: 9822128640 E-mail: gil.menezes@gmail.com	(Address of new Secretary awaited)	

“YEAR OF THE EX-SERVICEMAN-2012”

Charter	President	Vice-President	Secretary	TREASURER
Bangalore (250)	Cmde Ray DSouza Mob: 09620348883 E-mail: ray.dsouza@gmail.com Charter E-mail ID: nfbangalore@gmail.com	Cdr GJ Singh (retd) 72 Jal Vayu Vihar Kammanahali main Road Kalyan Nagar PO Bangalore-560043 Tele: 25523455 Mob: 9880824572 E-mail: gjsingh2005@yahoo.com	Cdr GJ Singh (retd) 72 Jal Vayu Vihar Kammanahali main Road Kalyan Nagar PO Bangalore-560043 Tele: 25523455 Mob: 9880824572 E-mail: gjsingh2005@yahoo.com	Capt Sai Kumar (Retd)
Hyderabad (128)	VAdm KASZ Raju, PVSM, AVSM, NM (retd) 502 Ruby Block Rockdale Compound Somajiguda Hyderabad – 500082 Tele: 040-23392563	Cmde Sudhir Parakala (retd) 201 Seshagiri Mansion Anand Nagar Colony Khairatabad Hyderabad-500004 Tele: 040-23391668	Cdr G Eswara Reddy (retd) Plot No 71, Mani Enclave Yapral, JJ Nagar Post Office Secunderabad – 500 087 Tele: 040-27942072 Mob: 9949476297 E-mail: gajjala1945@yahoo.com	

IMPORTANT WEBSITES

(a) www.vsf-desa.com

This is a website which provides details about VSF & DESA. Interactive directory of all retired Naval Sailors is hosted on this website. In addition news related to Canteen, ECHS, Pension, Policies, welfare Schemes by GoI, MoD, States is also hosted. Separate web pages of all VSF Charters, DESA, INPA, DPA, INBA, NRS will be provided on VSF Web site. Overall the motive behind this website is to provide one stop solution to ex-sailors.

(b) www.irfc-nausena.nic.in

This Website is maintained by the information resource and facilities centre at IHQ, MOD(Navy). Information regarding VSF is hosted in retired section. You may also visit web pages of DESA, DPA, VI CPC, INPA, CABS and other links important to serving and retired personals.

(c) www.indiannavy.nic.in

This is the official website of Indian Navy. It provides vision document of Indian Navy. It provides links to home pages of Naval Dockyard, INBA, NGIS, DNA, Dte of fleet maintenance, DME etc.

(d) www.dgrindia.com

This website is maintained by the Director General Resettlement and contains valuable information regarding resettlement opportunity, employment assistance provided to ESM, various Forms and News updates from the Kendriya Sainik Board(KSB).

(e) www.mod.nic.in

This is official website of Ministry of Defence. Provides all MoD/GoI orders/circulars and publications which are useful to ESM for eg ‘Sainik Samachar’.

(f) www.persmin.nic.in

The Website of Ministry of Personnel, Public Grievances and Pensions.

(g) www.pcdapension.nic.in

The Website of the Principal Controller of Defence Accounts (Pensions), Drupadi Ghat, Allahabad. E-mail id of PDCA is also mentioned below, personnel can directly send e-mail to CDA regarding their grievances.

(h) www.pdcnavy.nic.in

This site provides information regarding latest orders/circulars of pensioners. They can be contacted for pending claims regarding revision of pension and TA/DA claims etc. E-mail id of CDA (Navy) is mentioned below.

(j) www.inpa.co.in

Indian Naval Placement Agency site provides job assistance to all ex-naval personnel including widows. This site provides job information to all ESM including those who are not the members of INPA.

(k) www.npsnavy.com

This is official site of naval public school. You can visit this site for career option, counseling, admission, board of governors etc. The e-mail id is mentioned below.

(l) www.csdindia.com

All important information in respect to Canteen Stores Department like revised monetary limits, authority letter regarding purchase of car by PBOR, CSD bulletin, AFD item list depot wise are available on this site. E-mail is of CSD is mentioned below.

(m) www.nausena-bharti.nic.in

This site provides detailed information about various entries in Navy, recruitment criteria, eligibility and contact information of DMPR for Officers and Sailors entries.

(n) www.armedforces.nic.in

This site provides information regarding tri-services organisations.

(p) www.indianarmy.nic.in/echs

The webpage of Ex-servicemen Contributory Scheme is hosted on official website of Indian Army. This site provides information about ECHS policy letter, list of polyclinics, FAQ, guide lines for ECHS members.

(q) www.afnhb.org

Official website of Air Force Naval Housing Board. It provides details of AF-NHS schemes, demand survey, updated reports on housing projects.

(r) www.pensionersportal.gov.in

This site provides important information about pensions.

(s) <https://naypay.gov.in>

This is Website of the Naval Pay Office. After logging in you can communicate with Naval Pay Office and find all forms/information related to pay, perks and other entitlements.

(t) www.pensionportal.gov.in

Information related to Grievances of Pensioners is hosted on this website. CPENGRAMS (Centralised Pensionary Grievances Redressal And Monitoring System) is also hosted on this site.

E-MAIL IDS

(I)	DNPF	dnpf-navy@nic.in
(II)	DPA (Samadhan)	samdhan-navy@nic.in samadhan.indiannavy@gmail.com
(III)	DESA	navy.desa@gmail.com
IV)	CABS Pension Desk	navypension@yahoo.co.in
(V)	VSF Delhi	vsfdelhi@yahoo.com
(VI)	ECHS	echs_navy@yahoo.co.in
(VII)	CSD	dgmedp@csdindia.com
(VIII)	NPS	nesdelhi@yahoo.co.in chairmannncsdelhi@gmail.com
(IX)	CDA(Navy)	cda-bombay@hub.nic.in
(X)	CABS, Release Centre	releasecentre@gmail.com
(XI)	INPA	inpacareers@yahoo.com
(XII)	BPC	bppcareers@gmail.com
(XIII)	CGDA	cgda@nic.in
(XIV)	WNC Pay office	wnc-naypay-navy@nic.in
(XV)	KSB	secretaryksb@gmail.com
(XVI)	AFNHB	directorgeneral@afnhb.org
(XVII)	NWWA	nwwa@bol.net.in
(XVIII)	KSB for Policy matter	jdpolicyksb@gmail.com
(XIX)	KSB for welfare issues	jdwelfareksb@gmail.com
(XX)	KSB for JD Coord	jdadmcordksb@gmail.com
(XXI)	KSB	jdpetitionksb@gmail.com
(XXII)	VSF Mumbai	vsf.mumbai@ymail.com
(XXIII)	VSF Vizag	vsfvisakhapatnam@yahoo.in
(XXIV)	VSF Kochi	vsfkerala@gmail.com
(XXV)	PM Scholarship	pm_scholarship@yahoo.co.in jdpmscholarshipksb@gmail.com
(XXVI)	CABS, SO (GB)	solegal.pio.cabs@gmail.com

DIRECTORATE OF ESM AFFAIRS (DESA)

TELE NO. 011-24121068,24102305
FAX 011- 26880943
E-MAIL ID navydesa@gmail.com, vsfdelhi@yahoo.com

INDIAN NAVAL PLACEMENT AGENCY (INPA)

Telefax : 011-24121687
Mobile No. : +91-9560352121 / +91-9560362121
Email : inpacareers@yahoo.com

RELEASE CENTRE (CABS)

TELE NO. 022-25075449/50
FAX 022-25564823
E-MAIL ID releasecentre@gmail.com

PENSION SECTION (CABS)

Bureau of Sailors, Cheetah Camp, Mankhurd, Mumbai - 88

Telephone No : 022-25075600
Fax : 022-25563320
E-mail : navypension@yahoo.co.in,

ESM Pension Toll Free Help Line 1800-220-560
Open All Working Days Between 0900-1700 Hrs

INBA (INDIAN NAVAL BENEVOLENT ASSOCIATION)

TELE NO 011- 23011527, 23010346
FAX 011- 23013656
E-MAIL ID dnpf-navy@nic.in

ECHS

TELE NO 011-25684946
HELP LINE NO 080-43004300
TOLL FREE 18001038666
E-MAIL ID mdechs@yahoo.com, echs_navy@yahoo.co.in

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Directorate of Ex-servicemen Affairs

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